

St Mary's C of E Academy

Child-Friendly Safeguarding Information 2024.25



Feeling safe and happy at school

At St Mary's, we want to make sure that you feel looked after, safe and happy when you are in and out of school. The staff at St Mary's all work together to make sure that this is happening.

We need your help to do this. Sometimes we don't know if something bad is happening, so you need to tell us.

This booklet looks at safeguarding and helps you to stay safe and happy.

We can help you by:

- Helping you to recognise and identify problems
- Showing / telling you where you can get help and support
- Teaching you what to do if you feel like you are not safe, are worried, or if someone else is not safe or worried.
- Making sure you know the grown-ups you can speak to if you are worried.



Is someone bullying you?

Bullying can be different things, and isn't just hitting or kicking another person. **Remember bullying is consistent and repeated behavior. It usually involves an imbalance of power by a group or individual person and may be making you feel very sad.**

Emotional bullying is hurting someone's feelings, leaving them out or bossing them about.

Physical bullying is punching, kicking, spitting, hitting or pushing someone.

Verbal bullying is teasing someone, calling them names or using rude hand signs.

Cyber bullying involves sending horrid messages over the internet or by text message.

If you feel that you are being bullied, tell someone at school so that we can help.

Do NOT keep it a secret!

You can talk to:

- Mrs Campbell-Swords who is in charge of Behaviour
- Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher
- Mrs Bains, or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

Has anyone said something strange to you?

If someone has said something to you that has made you feel uncomfortable, upset you or has said something that you do not like, tell someone at school so that we can help.

Do NOT keep it a secret!

You can talk to:

- Mrs Campbell-Swords who is in charge of Safeguarding
- Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher
- Mrs Bains or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

Touching

If someone touched you on a part of your body like your bottom, chest or anywhere else you do not like, you must tell someone at school so we can help you.

Do NOT keep it a secret!

You can talk to:

- Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher
- Mrs Campbell-Swords who is in charge of Safeguarding
- Mrs Bains or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

Tablets, cigarettes, vapes, drugs and alcohol

Has someone asked you if you want a tablet or to smoke a cigarette, vape, or have a drink of something and you do not know what it is?

Do NOT eat, drink or smoke what they are giving you.

You must tell someone at the school so we can help you.

You can talk to:

- Mrs Campbell- Swords who is in charge of Safeguarding
- Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher

Sarah Campbell- Swords
September 2024.2005

- Mrs Bains or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

Hitting, punching or smacking you

Has someone hit, punched or smacked you or hurt you in any way?

You must tell someone so we can help you.

You can talk to:

- Mrs Campbell- Swords, Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher
- Mrs Bains or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

What to do if you don't feel safe or are worried

The first thing you should do is **tell someone you trust**. This could be a family member, a friend or someone at school. **Look at our trusted adult poster.**

You can also tell the person making you sad or worried to leave you alone. If you don't want to do this, make sure you tell someone so they can help.

You should:

- Try not to do what the person says
- Not let what the person says or does upset you
- Not get angry or hit them

Always remember that it is not your fault and you are never alone. You shouldn't be scared to talk to someone. If you talk to a grown-up, we can help put things right.

You can talk to:

- Mrs Campbell-Swords, Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher
- Mrs Bains or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

Who can you talk to?

It is important you **tell someone you trust** as soon as possible if you don't feel safe or are worried, or you notice someone else feeling worried or not safe.

Speaking to someone like your mum, dad, carer or teacher will mean that we can make sure you stay safe and that it doesn't happen again.

Remember, in school you can talk to:

Sarah Campbell- Swords
September 2024.2005

- Mrs Campbell-Swords, Mrs Booker, Mrs Freeman, Mr Taylor
- A teacher
- Mrs Bains or any of the learning mentors
- An adult in your classroom
- An adult who helps you at break time or lunchtime
- Any adult in school

How can you stay safe?

We can all help each other to stay safe at our school by:

- Making sure we understand how we should act towards others.
- Helping each other when we feel sad or scared
- Being kind, friendly and respectful to each other.
- Be safe, be ready and be respectful.
- Thinking about each other's feelings before we say or do something.
- Taking part in school activities, like collective worship and jigsaw lessons, where we can talk about what worries us and how we can stay safe
- Talking to someone when we are worried.
- Remembering the rules for staying safe on-line.
- Looking at the 'Who keeps you safe in school' display board in school.

How does St Mary's keep you safe?

There are lots of different ways how we keep everyone safe at St Mary's. One of the main ways is making sure all the staff know how to keep you safe and that you have someone to talk to if you need to.

Mrs Campbell- Swords and the Safeguarding team are here to support all children and their families at St Mary's. They will work together and with families to ensure everyone is kept safe. They are always available and will do their best to help sort out any concerns or problems.

Sometimes they may need to contact some other professionals for support. These may include Children's Social Care (Social Workers) or the Police.

There are lots of other agencies who support children and their families to keep them safe.

Mrs Campbell-Swords and all of the staff are responsible for making sure the children at St Mary's are happy, healthy and safe.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, tips and tips for adults.

STAY SAFE ONLINE THIS

Year

UNSURE?
ASK A TRUSTED
ADULT

How many tips can you find?



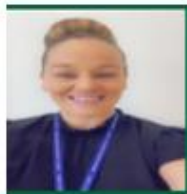


Who keeps us safe at St Mary's? Trusted adults



St Mary's Safeguarding Team

Mrs Campbell- Swords Mrs Booker Mrs Freeman Mrs Bains Mr Berry



Staying safe through Love, Peace and Hope



**Let's work together to keep St Mary's
a safe and happy place for everyone.**