

## What will my child actually be taught about puberty and human reproduction?

Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, usually in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning.

**Please note:** At no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

**The Changing Me Puzzle is all about coping positively with change and includes:**

- **EYFS** - Growing up: how we have changed since we were babies.
- **Year 1** - Boys' and girls' bodies; correct names for body parts.
- **Year 2** - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).
- **Year 3** - How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.
- **Year 4** - Internal and external reproductive body parts. Recap about puberty and menstruation. Conception explained in simple terms.
- **Year 5** - Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.
- **Year 6** - Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager. All lessons are taught using correct terminology, child-friendly language and diagrams.