



Spring Term 2024 CAT PAC – Primary School age Delivered Online

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered virtually via Microsoft TEAMS, a link will be sent to you before each session.
 - Each session will last for 2 hours

SPRING TERM 2024

Session1 – An introduction to Autism	Tuesday 30 th January 12.30-2.30pm
Session 2 – Communication and Interaction	Tuesday 6 th February 12.30-2.30pm
HALF TERM	
Session 3 – Sensory differences	Tuesday 20 th February 12.30-2.30pm
Session 4 – Eating, sleeping, personal care	Tuesday 27 th February 12.30-2.30pm
Session 5 – Autism and Anxiety	Tuesday 5 th March 12.30-2.30pm

The subject or title of your email needs to state that it is for the :

Spring 2024 Primary Online CAT PAC.

In your email please include:

- Your name and email address
- Your Child / young person’s name and school
- Your child / young person’s CAT worker (if known)
- Due to limited places, the course will be offered to the first families to contact us.
- *There is an expectation that parents endeavour to attend all sessions if possible.*
- Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely,

Dawn Fisher and Wendy Gibb

