



## Spring Term 2024 CAT PAC – Early Years Delivered Online

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.**

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered virtually via Microsoft TEAMS, a link will be sent to you before each session.
  - Each session will last for 2 hours

### SPRING TERM 2024

Session1 – An introduction to Autism	Tuesday 30 <sup>th</sup> January 9.30-11.30am
Session 2 – Communication and Interaction	Tuesday 6 <sup>th</sup> February 9.30-11.30am
HALF TERM	
Session 3 – Sensory differences	Tuesday 20 <sup>th</sup> February 9.30-11.30am
Session 4 – Eating, sleeping and toileting	Tuesday 27 <sup>th</sup> February 9.30-11.30am
Session 5 – Emotional regulation	Tuesday 5 <sup>th</sup> March 9.30-11.30am

**The subject or title of your email needs to state that it is for the :**

**Spring 2024 Early Years Online CAT PAC.**

***In your email please include:***

- Your name and email address
- Your Child / young person’s name and school
- Your child / young person’s CAT worker (if known)
- Due to limited places, the course will be offered to the first families to contact us.
- *There is an expectation that parents endeavour to attend all sessions if possible.*
- **Please email [A2EGeneral@birmingham.gov.uk](mailto:A2EGeneral@birmingham.gov.uk) to reserve a place.** You will receive an email response to confirm your place or to tell you that the course is full.

**Yours sincerely,**

*Viv Walters & Wendy Bantock*

